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Announcement

READING INTERNATIONAL SYMPOSIUM—LOW CALORIE PRODUCTS

This symposium will be held at Reading University, on 24–26 March 1987. Subjects to be covered will include the Concept of Low-Calorie Products, Methodology of Calorie Value Measurement and Consequences of Obesity, Nutrient Ingestion and Body Weight Control. The marketing of low-calorie products will also be considered as well as the importance of non-nutritive sweeteners and their effects on appetites. Selected low-calorie ingredients, such as polydextrose and guar gum, will be considered in detail as well as bulk sweeteners such as 'Palatinit'. Technical problems involved in the development of low-calorie foods will be discussed.

There will be a total of 14 papers presented and the book of the proceedings will be made available by Elsevier Applied Science Publishers Limited.

Interested persons should contact the following for a list of speakers, further details and early registration: Dr G. G. Birch, Food Studies Building, University of Reading, Whiteknights, PO Box 226, Reading RG62AP, UK. Tel: 0734 875123 Ext. 7379.

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